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## Additional Death and Several more Cases of West Nile Virus (WNV) **Reported in Delta County**

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The Delta County Health Department is reporting that as of September 23rd, there have been seventeen (17) total human cases of West Nile Virus (WNV), with two of those cases resulting in death. The average age of cases was 60 years old, and cases came from all areas of the county (Delta, Surface Creek, and North Fork).

Delta County residents are urged to take precautions when working or enjoying time outdoors, especially at dawn and dusk. Most people infected with WNV will have no symptoms. When present, WNV symptoms tend to include fever and flu-like illness. In rare cases, more severe illness and death can occur. While WNV can infect people of all ages, people over the age of 50 are at higher risk for severe disease.

## To protect yourself:

- **Defend**: Use insect repellents when you go outdoors. Repellents containing DEET, picaridin, IR3535, oil of lemon eucalyptus, or para-menthane-diol products provide the best protection. For more information about insect repellents visit the EPA's information webpage. Always follow label instructions.
- Dress: Wear long pants, long-sleeved shirts, and socks in areas where mosquitoes are active. Spray clothes with insect repellent for extra protection.
- Dusk and Dawn: Limit outdoor activities at dusk and dawn, when mosquitoes are most active.

## To mosquito-proof your home:

**Drain**: Empty water from tires, cans, flowerpots, clogged gutters, rain barrels, birdbaths, toys, and puddles at least once every week. Also, install or repair screens on windows and doors.

For more information: <a href="https://www.deltacountv.com/451/Animals-Insects">https://www.deltacountv.com/451/Animals-Insects</a>

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